



ELyT Lab 2011 Sendai Excursion Feb. 25 (Fri)

NOTE

Next ELYT Lab annual workshop has an excursion planned around Sendai at Feb. 25 in 2011. We are lining up the following three courses (Matsushima, Yamadera&Sakunami, Hiraizumi) at present, and looking for participants. More one persons who can speak Japanese will guide the participants at each course, and will give a lot of information about the culture and history in those places. If you have interested in the trip, please choose the one course and contact the representative[†] by email.

Contact

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Date

February 25th, 2011

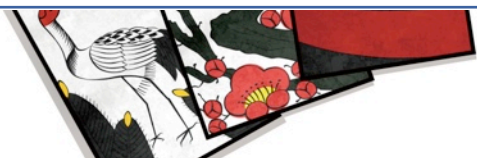
Expected time

09:00 - 17:00

Venue (Choose 1 course)

1. Matsushima
2. Yamadera-Sakunami
3. Hiraizumi





1. Matsushima (松島)

Matsushima is one of the “three most scenic spots in Japan”. It is situated from Sendai in about 40 minutes by train. Matsushima is a port town and has over 260 tiny islands near shore. You can take a boat from Matsushima port or Shiogawa port (next to Matsushima), and cruise through those islands. There are also some historical constructions and national treasures in Matsushima. In Matsushima, you can visit spa (onsen).

Homepage of Matsushima

<http://www.matsushima-kanko.com/en/index.html>

Spot

Zuigan-ji (瑞巖寺)

<http://www.zuiganji.or.jp/index.html> (JP)

Godaido (五大堂)

Entsu-in (円通院)

<http://www.entuuin.or.jp/> (JP)

Spa -Matsushima Onsen- (松島温泉 一の坊)

Cruising

1,000 yen ~

Lunch

Matsushima Ichi-no-boh (松島温泉 一の坊)

2,500 yen (including Spa fee)

<http://www.ichinobo.com/matsushima/f-language/en/index.html>

Access

JR Senseki line

St. Sendai - St. Matsushima

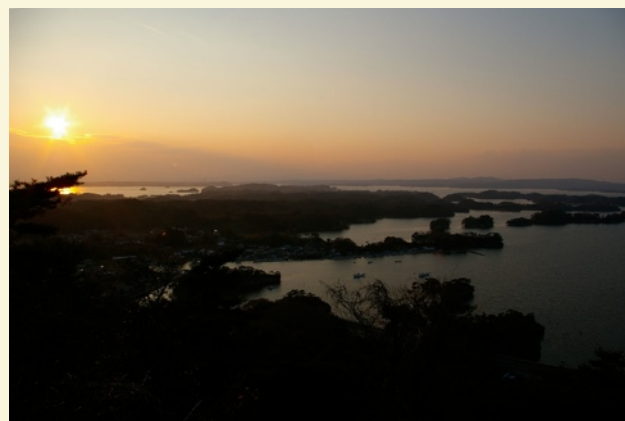
38 min / one way

400 yen / one way (one person)

Cost

5,500 yen

(Including train, lunch, spa, cruising, entrance for Zuigan-ji)

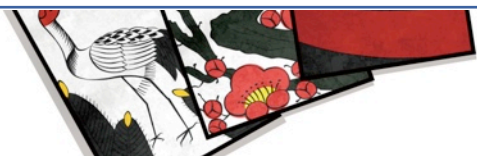


Sunset of Matsushima



Entsu-in





COURSE

2. Yamadera-Sakunami (山寺-作並)

This course has two places to visit. First, we visit Yamadera, and then go to Sakunami. These two places are located in the mountain and west of Sendai. You can go both by taking JR Senzan line. Both sites is around the boarder of Miyagi and Yamagata prefecture. Yamadera has a famous temple called “Risshaku-ji”, which is constructed on the hill. The temple has the stairs of 1,015 steps to the top, therefore you need a shoes to walk easily. Sakunami is well known as the town of spa. You can take spa with lunch, and take rest there.

Homepage of Yamadera

<http://www.yamaderakankou.com/> (JP)

Homepage of Sakunami

<http://www.ichinobo.com/sakunami/> (JP)

Spot

Risshaku-ji (立石寺)

Spa -Sakunami Onsen- (作並温泉 一の坊)

Lunch

Sakunami Ichi-no-boh (作並温泉 一の坊)

3,500 yen (including Spa fee)

Access

Sendai St. - Yamadera St.

JR Senzan line

59 min / one way

820 yen / one way (one person)

Yamadera St. - Sakunami St.

JR Senzan line

19 min / one way

320 yen / one way (one person)

Sakunami St. - Sendai St.

JR Senzan line

38 min / one way

480 yen / one way (one person)

Cost

5,500 yen

(Including train, lunch, spa, entrance for Risshaku-ji)

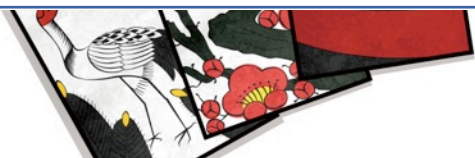


Risshaku-ji (Yamadera)



Sakunami Onsen





3. Hiraizumi (平泉)

Hiraizumi is situated in Iwate Prefecture, north of Sendai. It is well known by the history of the Middle Ages of Japan. You can visit two important temples in Hiraizumi. Chuson-ji temple has Golden Hall (Konjiki-do in Japanese). The hall is composed with gold, and made Marco Polo think that Japan was the Gold Country. The other temple named “Motsu-ji” is also very famous because of its beautiful Japanese classic garden. These two important temples and other national treasures are making Hiraizumi one of UNESCO world heritage.

Homepage of Chuson-ji

<http://www.chusonji.or.jp/en/index.html>

Homepage of Motsu-ji

<http://www.motsuji.or.jp/english/index.php>

Spot

Chuson-ji (中尊寺)

Motsu-ji (毛越寺)

Lunch

Chuson-ji

1000 yen ~

Access

Sendai St. - Ichinoseki St.

JR Tohoku Shinkansen

32 min / one way

3,990 yen / one way (one person)*

Ichinoseki St. - Hiraizumi St.

Ichinoseki Bus

18 min / one way

200 yen / one way (one person)

Hiraizumi St. - Sendai St.

JR Shinkansen

65 min / one way

3,990 yen / one way (one person)*

Cost

11,000 yen ~ *

(Including train, lunch, entrance for temples)

* If you have Japan Rail Pass, the cost will become more economical. e.g. the total cost (11,000 yen) becomes 1,200 yen ~.



Entrance of Konjiki-do (Chuson-ji)



Garden of Motsu-ji

